

**Shivers at Three Rivers  
January 2010  
Wahpeton, ND 58075**

**Level 5 Results - TEAM**

| <b>Place</b> | <b>Score</b> | <b>Team</b>          | <b>Vault</b> | <b>Bars</b> | <b>Beam</b> | <b>Floor</b> |
|--------------|--------------|----------------------|--------------|-------------|-------------|--------------|
| 1            | 104.125      | Minnesota Flyers     | 25.125       | 25.925      | 25.775      | 27.300       |
| 2            | 102.800      | Red River Valley Gym | 24.375       | 25.800      | 26.025      | 26.600       |
| 3            | 101.075      | American Gold Gym    | 34.425       | 24.875      | 25.325      | 26.450       |
| 4            | 98.875       | Jamestown Gym        | 24.025       | 25.325      | 23.200      | 26.325       |
| 5            | 95.400       | Valley Twisters Gym  | 22.950       | 23.400      | 23.200      | 25.850       |
| 6            | 90.175       | Three Rivers Gym     | 23.900       | 21.125      | 20.850      | 24.300       |

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**Level 5 Results - BEAM**

**Age 11 & up**

| <b>Ribbon Color</b> | <b>Gymnast</b>   | <b>Team</b>          | <b>Score</b> |
|---------------------|------------------|----------------------|--------------|
| Yellow              | Eve Erickson     | Three Rivers Gym     | 7.800        |
| Yellow              | Greta Seljevold  | American Gold Gym    | 7.775        |
| Yellow              | Mary Cremers     | Red River Valley Gym | 7.700        |
| Yellow              | Claire Hennum    | American Gold Gym    | 7.650        |
| Yellow              | AnnMarie Narloch | Valley Twisters Gym  | 7.500        |
| Green               | Maya Moltzen     | Jamestown Gymnastics | 7.325        |
| Green               | Ashley Matter    | American Gold Gym    | 7.325        |
| Green               | Emily Jensen     | Red River Valley Gym | 7.200        |
| Green               | Meghan Hintz     | Red River Valley Gym | 6.850        |
| Green               | Kailey Alber     | Jamestown Gymnastics | 6.650        |
| Green               | Rachel Morin     | Jamestown Gymnastics | 6.500        |
| Green               | Chelsy Filbert   | Three Rivers Gym     | 6.300        |

**Age 10**

| <b>Ribbon Color</b> | <b>Gymnast</b>     | <b>Team</b>             | <b>Score</b> |
|---------------------|--------------------|-------------------------|--------------|
| Red                 | Kaitlan Culver     | Red River Valley Gym    | 8.875        |
| Red                 | Faith Sersland     | Red River Valley Gym    | 8.650        |
| Red                 | Kayla Wendt        | Minnesota Flyers        | 8.650        |
| Red                 | Haley Pederson     | American Gold Gym       | 8.550        |
| Red                 | Mara Nash          | Red River Valley Gym    | 8.500        |
| White               | Maddie Vabgalder   | Red River Valley Gym    | 8.475        |
| White               | Ellie Vicha        | American Gold Gym       | 8.300        |
| White               | Leah Chavez        | Minnesota Flyers        | 8.150        |
| Yellow              | Miranda Wittenberg | Valley Twisters         | 7.900        |
| Yellow              | Maggie Ridley      | Jamestown Gymnastics    | 7.900        |
| Yellow              | Kennadee Jorissen  | Valley Twisters         | 7.800        |
| Green               | Courtney Behler    | Red River Valley Gym    | 7.350        |
| Green               | Madison Mandan     | Jamestown Gymnastics    | 7.250        |
| Green               | Grace Anderson     | Valley Twisters         | 6.800        |
| Green               | Harmony Burns      | Three Rivers Gymnastics | 6.750        |
| Pink                | Taylen Jorissen    | Valley Twisters         | 5.350        |

**Age 9 & under**

| <b>Ribbon Color</b> | <b>Gymnast</b>       | <b>Team</b>          | <b>Score</b> |
|---------------------|----------------------|----------------------|--------------|
| Red                 | Cora Okeson          | Minnesota Flyers     | 8.625        |
| Red                 | Katrina Okeson       | Minnesota Flyers     | 8.500        |
| White               | Sidney Ege           | American Gold Gym    | 8.475        |
| White               | KaliRae Garcia       | American Gold Gym    | 8.300        |
| White               | Maddie Frost         | Red River Valley Gym | 8.150        |
| White               | Mary Eleanor Nelmark | Minnesota Flyers     | 8.050        |
| White               | Emma Jordet          | Red River Valley Gym | 8.000        |
| Yellow              | Ally Keyes           | Red River Valley Gym | 7.900        |
| Yellow              | Payton Hoggarth      | Jamestown Gymnastics | 7.750        |
| Yellow              | Ashlyn Eagleson      | American Gold Gym    | 7.650        |
| Yellow              | Peyton Rudnick       | Jamestown Gymnastics | 7.550        |
| Yellow              | Kaylee Mitchell      | Red River Valley Gym | 7.500        |
| Green               | Josie Berntson       | Valley Twisters      | 7.150        |
| Green               | Kennedy Hegg         | Minnesota Flyers     | 6.700        |
| Green               | Payton Eagleson      | American Gold Gym    | 6.250        |
| Pink                | Jackson Hegg         | Minnesota Flyers     | 5.450        |

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**Level 5 Results - FLOOR**

**Age 11 & up**

| <b>Ribbon Color</b> | <b>Gymnast</b>   | <b>Team</b>          | <b>Score</b> |
|---------------------|------------------|----------------------|--------------|
| Blue                | Maya Moltzen     | Jamestown Gymnastics | 9.275        |
| Red                 | Mary Cremers     | Red River Valley Gym | 8.950        |
| Red                 | Ashley Matter    | American Gold        | 8.700        |
| Red                 | AnnMarie Narloch | Valley Twisters Gym  | 8.600        |
| Red                 | Emilly Jensen    | Red River Valley Gym | 8.500        |
| White               | Claier Henum     | American Gold        | 8.250        |
| White               | Greta Seljevold  | American Gold        | 8.200        |
| White               | Eve Erickson     | Three Rivers Gym     | 8.075        |
| White               | Kailey Alber     | Jamestown Gymnastics | 8.075        |
| Yellow              | Chelsy Filbert   | Three Rivers Gym     | 7.950        |
| Yellow              | Rachel Morin     | Jamestown Gymnastics | 7.650        |
| Green               | Meghan Hintz     | Red River Valley Gym | 7.450        |

**Age 10**

| <b>Ribbon Color</b> | <b>Gymnast</b>     | <b>Team</b>             | <b>Score</b> |
|---------------------|--------------------|-------------------------|--------------|
| Blue                | Ellie Vicha        | American Gold Gym       | 9.075        |
| Blue                | Leah Chavez        | Minnestoa Flyers        | 9.075        |
| Red                 | Kennadee Jorissen  | Valley Twisters         | 8.775        |
| Red                 | Mara Nash          | Red River Valley Gym    | 8.650        |
| White               | Madison Mandan     | Jamestown Gymnastics    | 8.475        |
| White               | Kaitlan Culver     | Red River Valley Gym    | 8.425        |
| White               | Maggie Ridley      | Jamestown Gymnastics    | 8.400        |
| White               | Faith Sersland     | Red River Valley Gym    | 8.300        |
| White               | Harmony Burns      | Three Rivers Gymnastics | 8.275        |
| White               | Kayla Wendt        | Minnestoa Flyers        | 8.275        |
| White               | Grace Anderson     | Valley Twisters         | 8.200        |
| Yellow              | Haley Pederson     | American Gold Gym       | 7.650        |
| Yellow              | Miranda Wittenberg | Valley Twisters         | 7.650        |
| Green               | Courtney Beehler   | Red River Valley Gym    | 7.350        |
| Green               | Maddie Vabgalder   | Red River Valley Gym    | 7.150        |
| Green               | Taylen Jorissen    | Valley Twisters         | 7.100        |

**Age 9 & under**

| <b>Ribbon Color</b> | <b>Gymnast</b>       | <b>Team</b>          | <b>Score</b> |
|---------------------|----------------------|----------------------|--------------|
| Blue                | Mary Eleanor Nelmark | Minnesota Flyers     | 9.150        |
| Blue                | Cora Okeson          | Minnesota Flyers     | 9.075        |
| Blue                | Emma Jordet          | Red River Valley Gym | 9.000        |
| Red                 | Sydney Ege           | American Gold Gym    | 8.675        |
| Red                 | Payton Hoggarth      | Jamestown Gymnastics | 8.575        |
| White               | Josie Berntson       | Valley Twisters      | 8.475        |
| White               | Maddie Frost         | Red River Valley Gym | 8.375        |
| White               | Ally Keyes           | Red River Valley Gym | 8.300        |
| White               | Ashlyn Eagleson      | American Gold Gym    | 8.250        |
| White               | Kaylee Mitchell      | Red River Valley Gym | 8.050        |
| White               | KaliRae Garcia       | American Gold Gym    | 8.050        |
| White               | Jackson Hegg         | Minnesota Flyers     | 8.025        |
| Yellow              | Peyton Rudnick       | Jamestown Gymnastics | 7.950        |
| Yellow              | Payton Eagleson      | American Gold Gym    | 7.900        |
| Yellow              | Katrina Okeson       | Minnesota Flyers     | 7.700        |
| Green               | Kennedy Hegg         | Minnesota Flyers     | 6.800        |

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**Level 5 Results - VAULT**

**Age 11 & up**

| <b>Ribbon Color</b> | <b>Gymnast</b>   | <b>Team</b>          | <b>Score</b> |
|---------------------|------------------|----------------------|--------------|
| White               | Eve Erickson     | Three Rivers Gym     | 8.150        |
| White               | Chelsy Filbert   | Three Rivers Gym     | 8.050        |
| White               | Maya Moltzen     | Jamestown Gymnastics | 8.025        |
| Yellow              | Ashley Matter    | American Gold        | 7.900        |
| Yellow              | Emily Jensen     | Red River Valley Gym | 7.900        |
| Yellow              | Greta Seljevold  | American Gold        | 7.875        |
| Yellow              | Kailey Alber     | Jamestown Gymnastics | 7.700        |
| Yellow              | Mary Cremers     | Red River Valley Gym | 7.700        |
| Yellow              | Meghan Hintz     | Red River Valley Gym | 7.650        |
| Yellow              | AnnMarie Narloch | Valley Twisters      | 7.500        |
| Green               | Rachel Morin     | Jamestown Gymnastics | 7.450        |

**Age 10**

| <b>Ribbon Color</b> | <b>Gymnast</b>     | <b>Team</b>             | <b>Score</b> |
|---------------------|--------------------|-------------------------|--------------|
| Red                 | Leah Chavez        | Minnesota Flyers        | 8.725        |
| White               | Faith Sersland     | Red River Valley Gym    | 8.325        |
| White               | Maggie Ridley      | Jamestown Gymnastics    | 8.000        |
| White               | Madison Mandan     | Jamestown Gymnastics    | 8.000        |
| Yellow              | Mara Nash          | Red River Valley Gym    | 7.850        |
| Yellow              | Grace Anderson     | Valley Twisters         | 7.750        |
| Yellow              | Harmony Burns      | Three Rivers Gymnastics | 7.700        |
| Yellow              | Kaitlan Culver     | Red River Valley Gym    | 7.700        |
| Yellow              | Ellie Vicha        | American Gold Gym       | 7.675        |
| Yellow              | Maddie Vabgalder   | Red River Valley Gym    | 7.675        |
| Yellow              | Kayla Wendt        | Minnesota Flyers        | 7.600        |
| Yellow              | Haley Pederson     | American Gold Gym       | 7.550        |
| Yellow              | Courtney Beehler   | Red River Valley Gym    | 7.525        |
| Yellow              | Miranda Wittenberg | Valley Twisters         | 7.500        |
| Green               | Kennadee Jorissen  | Valley Twisters         | 7.450        |
| Pink                | Taylen Jorissen    | Valley Twisters         | 5.200        |

**Age 9 & under**

| <b>Ribbon Color</b> | <b>Gymnast</b>       | <b>Team</b>          | <b>Score</b> |
|---------------------|----------------------|----------------------|--------------|
| Red                 | KaliRae Garcia       | American Gold Gym    | 8.500        |
| White               | Cora Okeson          | Minnesota Flyers     | 8.400        |
| White               | Alley Keyes          | Red River Valley Gym | 8.150        |
| White               | Payton Eagleson      | American Gold Gym    | 8.025        |
| White               | Katrina Okeson       | Minnesota Flyers     | 8.000        |
| White               | Mary Eleanor Nelmark | Minnesota Flyers     | 8.000        |
| Yellow              | Emma Jordet          | Red River Valley Gym | 7.900        |
| Yellow              | Ashlyn Eagleson      | American Gold Gym    | 7.800        |
| Yellow              | Maddie Frost         | Red River Valley Gym | 7.750        |
| Yellow              | Josie Berntson       | Valley Twisters      | 7.700        |
| Yellow              | Peyton Rudnick       | Jamestown Gymnastics | 7.600        |
| Green               | Jackson Hegg         | Minnesota Flyers     | 7.450        |
| Green               | Sydney Ege           | American Gold Gym    | 7.450        |
| Green               | Kennedy Hegg         | Minnesota Flyers     | 7.100        |
| Green               | Payton Hoggarth      | Jamestown Gymnastics | 6.800        |
| Green               | Kaylee Mitchell      | Red River Valley Gym | 6.650        |

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**Level 5 Results - BARS**

**Age 11 & up**

| <b>Ribbon Color</b> | <b>Gymnast</b>   | <b>Team</b>          | <b>Score</b> |
|---------------------|------------------|----------------------|--------------|
| Red                 | AnnMarie Narloch | Valley Twisters      | 8.950        |
| Red                 | Greta Seljevold  | American Gold        | 8.675        |
| White               | Meghan Hintz     | Red River Valley Gym | 8.250        |
| White               | Claire Hennum    | American Gold        | 8.150        |
| White               | Kailey Alber     | Jamestown Gymnastics | 8.075        |
| Yellow              | Emilly Jensen    | Red River Valley Gym | 7.975        |
| Yellow              | Maya Moltzen     | Jamestown Gymnastics | 7.850        |
| Yellow              | Ashley Matter    | American Gold        | 7.550        |
| Green               | Rachel Morin     | Jamestown Gymnastics | 7.400        |
| Green               | Chelsy Filbert   | Three Rivers Gym     | 7.400        |
| Green               | Eve Erickson     | Three Rivers Gym     | 6.550        |
| Pink                | Mary Cremers     | Red River Valley Gym | 5.350        |

**Age 10**

| <b>Ribbon Color</b> | <b>Gymnast</b>     | <b>Team</b>             | <b>Score</b> |
|---------------------|--------------------|-------------------------|--------------|
| Red                 | Maggie Ridley      | Jamestown Gymnastics    | 8.775        |
| Red                 | Leah Chavez        | Minnesota Flyers        | 8.625        |
| Red                 | Faith Sersland     | Red River Valley Gym    | 8.575        |
| White               | Mara Nash          | Red River Valley Gym    | 8.475        |
| White               | Maddie Vabgalder   | Red River Valley Gym    | 8.075        |
| White               | Ellie Vicha        | American Gold Gym       | 8.050        |
| Yellow              | Madison Mandan     | Jamestown Gymnastics    | 7.950        |
| Yellow              | Kayla Wendt        | Minnesota Flyers        | 7.875        |
| Green               | Harmony Burns      | Three Rivers Gymnastics | 7.175        |
| Green               | Miranda Wittenberg | Valley Twisters         | 7.025        |
| Green               | Kaitlan Culver     | Red River Valley Gym    | 6.850        |
| Green               | Grace Anderson     | Valley Twisters         | 6.500        |
| Green               | Haley Pederson     | American Gold Gym       | 6.500        |
| Pink                | Courtney Beehler   | Vred                    | 5.425        |
| Pink                | Kennadee Jorissen  | Valley Twisters         | 5.250        |
| Pink                | Taylen Jorissen    | Valley Twisters         | 3.500        |

**Age 9 & under**

| <b>Ribbon Color</b> | <b>Gymnast</b>       | <b>Team</b>          | <b>Score</b> |
|---------------------|----------------------|----------------------|--------------|
| Red                 | Emma Jordet          | Red River Valley Gym | 8.750        |
| Red                 | Cora Okeson          | Minnesota Flyers     | 8.725        |
| Red                 | Jackson Hegg         | Minnesota Flyers     | 8.575        |
| White               | Payton Hoggarth      | Jamestown Gymnastics | 8.475        |
| White               | Kaylee Mitchell      | Red River Valley Gym | 8.450        |
| White               | Ally Keyes           | Red River Valley Gym | 8.450        |
| Yellow              | Ashlyn Eagleson      | American Gold Gym    | 7.750        |
| Green               | Mary Eleanor Nelmark | Minnesota Flyers     | 7.450        |
| Green               | Josie Berntson       | Valley Twisters      | 7.425        |
| Green               | Kennedy Hegg         | Minnesota Flyers     | 7.350        |
| Green               | Sydney Ege           | American Gold Gym    | 7.300        |
| Green               | Katrina Okeson       | Minnesota Flyers     | 7.150        |
| Green               | Peyton Rudnick       | Jamestown Gymnastics | 7.100        |
| Green               | KaliRae Garcia       | American Gold Gym    | 7.000        |
| Green               | Payton Eagleson      | American Gold Gym    | 6.750        |
| Pink                | Maddie Frost         | Red River Valley Gym | 5.225        |

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**Level 5 Results - ALL AROUND**

**Age 11 & up**

| <b>Ribbon Color</b> | <b>Gymnast</b>    | <b>Team</b>          | <b>Score</b> |
|---------------------|-------------------|----------------------|--------------|
| Red                 | AnneMarie Narloch | Valley Twisters      | 32.550       |
| Red                 | Greta Seljevold   | American Gold Gym    | 32.525       |
| Red                 | Maya Moltzen      | Jamestown Gymnastics | 32.475       |
| White               | Emily Jensen      | Red River Valley Gym | 31.575       |
| White               | Ashley Matter     | American Gold Gym    | 31.475       |
| White               | Eve Erickson      | Three Rivers Gym     | 30.757       |
| White               | Kailey Alber      | Jamestown Gymnastics | 30.500       |
| White               | Meghan Hintz      | Red River Valley Gym | 30.200       |
| Yellow              | Chelsy Filbert    | Three Rivers Gym     | 29.700       |
| Yellow              | Mary Cremers      | Red River Valley Gym | 29.700       |
| Yellow              | Rachel Morin      | Jamestown Gymnastics | 29.000       |
| Pink                | Claire Henum      | American Gold Gym    | 24.050       |

**Age 10**

| <b>Ribbon Color</b> | <b>Gymnast</b>     | <b>Team</b>          | <b>Score</b> |
|---------------------|--------------------|----------------------|--------------|
| Blue                | Leah Chavez        | Minnestoa Flyers     | 34.575       |
| Red                 | Faith Serstrand    | Red River Valley Gym | 33.850       |
| Red                 | Mara Nash          | Red River Valley Gym | 33.475       |
| Red                 | Ellie Vicha        | American Gold Gym    | 33.100       |
| Red                 | Maggie Ridley      | Jamestown Gymnastics | 33.075       |
| Red                 | Kayla Wendt        | Minnestoa Flyers     | 32.400       |
| White               | Kaitlan Culver     | Red River Valley Gym | 31.850       |
| White               | Madison Mandan     | Jamestown Gymnastics | 31.675       |
| White               | Maddie Vabgalder   | Red River Valley Gym | 31.350       |
| White               | Haley Pederson     | American Gold Gym    | 30.250       |
| White               | Miranda Wittenberg | Valley Twisters      | 30.075       |
| Yellow              | Harmony Burns      | Three Rivers Gym     | 29.900       |
| Yellow              | Kennadee Jorissen  | Valley Twisters      | 29.275       |
| Yellow              | Grace Anderson     | Valley Twisters      | 29.250       |
| Green               | Courtney Beehler   | Red River Valley Gym | 27.650       |
| Pink                | Talyen Jorissen    | Valley Twisters      | 21.150       |
|                     |                    |                      |              |
|                     |                    |                      |              |
|                     |                    |                      |              |

**Age 9 & under**

| <b>Ribbon Color</b> | <b>Gymnast</b>       | <b>Team</b>          | <b>Score</b> |
|---------------------|----------------------|----------------------|--------------|
| Blue                | Cora Okeson          | Minnesota Flyers     | 34.825       |
| Red                 | Emma Jordet          | Red River Valley Gyn | 33.650       |
| Red                 | Ally Keyes           | Red River Valley Gyn | 32.800       |
| Red                 | Mary Eleanor Nelmark | Minnesota Flyers     | 32.650       |
| White               | Sydney Ege           | American Gold Gym    | 31.900       |
| White               | KaliRae Garcia       | American Gold Gym    | 31.850       |
| White               | Payton Hoggarth      | Jamestown Gymnastics | 31.600       |
| White               | Ashlyn Eagleson      | American Gold Gym    | 31.450       |
| White               | Katrina Okeson       | Minnesota Flyers     | 31.350       |
| White               | Josie Berntson       | Valley Twisters      | 30.750       |
| White               | Kaylee Mitchell      | Red River Valley Gyn | 30.650       |
| White               | Payton Rudnick       | Jamestown Gymnastics | 30.200       |
| Yellow              | Jackson Hegg         | Minnesota Flyers     | 29.500       |
| Yellow              | Maddie Frost         | Red River Valley Gyn | 29.500       |
| Yellow              | Payton Eagleson      | American Gold Gym    | 28.925       |
| Green               | Kennedy Hegg         | Minnesota Flyers     | 27.950       |