

Three Rivers Gymnastics Newsletter

September 2008

Welcome Back!

We hope you had a great summer and are ready for an exciting new gymnastics season. With the Olympics this past August, we are busy, busy and ready to have lots of fun!!! For the newcomers and a reminder for the rest, we ask you to read our Note to Parents. We thank all of you for your cooperation and to help pass the time, we have videos and toys in the lobby. Please feel free to help yourself! They are located under the TV, in the cabinet and the drawers. When you are getting ready to go, please return videos and toys to where you found them so that we can keep our gym looking great! If you have any questions or concerns, please talk to our front desk worker or call Patty (Gym Manager) at (701) 642-3620 or fill out a comment card by the marker board. We also have a new 2-month calendar posted in the lobby for your convenience. It has all the important dates that you will need to know posted. Office hours will be 9:00am - 6:30pm Monday through Wednesday, Thursday 12:30 - 6:30pm and by appointment in the morning, and Fridays, Saturdays and Sundays by appointment only. Thank you!

Note to Parents

- Please remember to take your child to the bathroom before every class. This way they won't miss class time for potty breaks.
- If your child has long hair, please pull it back into a ponytail. It is difficult to do gymnastics when hair keeps getting in the way.
- What should your child wear? Leotards, shorts and a t-shirt, either will work; just make sure that whatever they wear is not baggy. Baggy clothing can get caught on equipment or a coach can get wrapped up in it and your child or the coach could get hurt. So if your child is wearing shorts and a t-shirt, remember to have shorts above the knees and shirts that are close to the body.
- Please remember to watch from the lobby. It is a huge distraction for the gymnasts and a safety hazard to have parents and siblings in the gym during class or practice. We will have Parents' Days the last week of each session. During this time, parents will be invited to watch from the gym.
- It is also a huge distraction to have parents yelling at their kids from the lobby, good or bad. Please let the coaches handle the kids in the class. If they are having too much trouble, they will come talk to you and ask for your help. Also, please wait to give your child any praises when they come out at the end of class. This way your child will stay safe and learn more!!!
- When coming and going from the building, please shut all doors behind you. Thank you!
- If you have any concerns, suggestions, etc please talk to your child's coach. If you do not feel comfortable doing this, please fill out a comment card in the lobby. We also appreciate hearing positive feedback as well.

2007-2008 Session Dates

- Fall: September 2 – October 24 (8wk)**
Early Winter: October 27 – December 19 (8wk)
* Registration begins October 13*
- Late Winter: January 5 – March 6 (9wk)**
* Registration begins December 8*
- Spring: March 9 – May 15 (9wk)**
* Registration begins February 23*
- June: June 1 – June 25 (4wk)**
* Registration begins May 11*
- July: July 6 – July 30 (4wk)**
* Registration begins May 11*

If you are currently in a class, you still need to register for each new session. Fees are due at the time of registration. If you have any questions, please call Patty at (701) 642-3620.

Sun	Mon	Tue	Wed	Thu	Fri	Sat

Wahpeton All-Sports Booster Club

We would like to encourage parents involved with gymnastics to get involved with the Booster Club! They have done so much for us in the past (our sound system, the air floor, etc) and hopefully in the future. We really need to show them our support as well. You can get involved with as little as \$10 a year. If you are interested or for more information, please call Jody Friskop at 642-23787. Thank you!

Used Gymnastics Leos and More Sale!!!

We will be having a used gymnastics leos, shorts, t-shirts, grips and more sale in the lobby starting Monday, September 15. Please check it out!!

All proceeds will go to help our team gymnasts pay for new competition and show leos.

If you have any old gymnastics gear that is either too small or just doesn't get used or worn anymore, we are accepting donations at the front desk.

We appreciate all the donations we have already received and are looking forward to a great sale!!!



Cookie Dough Fundraiser

IT'S COOKIE TIME!!!

The Cookie Dough fundraiser is our biggest fundraiser of the year. Why wouldn't it be, cookies are so YUMMY!!!

If you haven't received a cookie dough packet, make sure to stop by the front desk and pick one up. This is an optional fundraiser, but we encourage everyone to either buy or sell a few boxes. If you sell 20 boxes or more, you are in the running to be one of our CASH PRIZE winners.

Cookie dough orders and money are due September 25 by 6:30pm. Just drop them by the front desk. Our cookie dough pick-up date is set for October 16th from 3:30-6:30pm.

If you have any questions, stop by the front desk or give us a call.

Don't miss out on the YUMMY Cookies!!!!

Fundraisers

Cookie Dough: September
Girls Sleepover: October 10
Boys Party: November 14
Candle Sales: November
Butter Braids: January
Pizza Corner Pizza: March
Show: Sunday, April 26
Girls Sleepover: April
Boys Party: May

* More info on the fundraisers will come out, as they get closer.

