



Whitney Beck, Filling in for North Dakota USA Gymnastics State Administrative Chair (right), presents Three Rivers Gymnastics' Patty Moses with this year's North Dakota Contributor of the Year award at the USA Gymnastics Region 4 Conference in Coralville, Iowa.

Moses wins gymnastics award

Beth Beyer (a TRG coach for 26 years) and Wahpeton's Three Rivers Gymnastics' Patty Moses recently went to USA Gymnastics Region 4 Congress in Coralville, Iowa.

The conference ran July 11-13. There were 250 participants in the congress from all over Region 4 which consists of North Dakota, South Dakota, Minnesota, Iowa, Missouri, Nebraska and Wisconsin.

The two learned a lot of information that will help their gymnasts out in the approaching USAG and high school seasons.

"We are very excited about everything we learned," Moses said.

Friday night, there was a Region 4 reception, in which Moses was presented an award for the North Dakota Contributor of the Year. This award goes to the person that contributes the most to North Dakota USA Gymnastics for the year. People receive this award for helping other gyms, starting new programs, hosting new meets, contributing donations to help the state, etc. "I received the awards for starting a new USAG program two years ago and

then successfully hosting our first USAG meet." Moses said. "This award was a surprise to me and a great honor."

The award is voted on by the USAG North Dakota Administrative Committee which consists of coaches and judges from North Dakota.